

Elements for Rief's Positive/Negative Graph: A Checklist

[see examples in Rief book (pp. 49-50) and class booklet]

_____ your <u>name</u> on the paper

use of <u>blank white paper (vs. ripped/lined notebook paper)</u> so that copies can be easily xeroxed [print and images on colored paper don't xerox well if you need multiple copies]

use of <u>dark ink</u> (pencil can smudge/fade and doesn't xerox well)



_____ neat, legible printing or writing with correct spellings

- _____ proportioned/balanced <u>spacing</u> (vs. cramming all the points into one-half of the page)
- _____ clearly <u>drawn and labeled axes</u> (X is labeled and has numbers for years or ages; Y is labeled and has numbers for the degree of good/bad or positive/negative aspects)
- use of a straight edge to connect points
 - at least 5 specific incidents for both the high and low points, some variety among the experiences, a sense of honesty/vulnerability revealed (e.g., "death of Grandma Ruppert" vs. "a death"; not having all the low points be limited to the extremes of only deaths of loved ones or only silly points)
- inclusion of <u>graphics</u> (stick figures, symbols) for both the high and low <u>points</u> [stickers are cute but often don't xerox well if you need to make copies]









